# Folsom Native Plant Society

folsomnps.org

October 2014



# Next Meeting Date: Sunday, October 26, 2014 at 1:00 p.m. At Hummer Haven, the home of Walter Clifton,

22315 Main St, Abita Springs, LA 70420 Phone: (985) 892-1468

**Directions**: From the circle in the middle of Abita Springs, you take Hwy.59 north. One block at Main Street (Hwy 735), turn right. Go 5 blocks to 22315 Main Street, corner of Pine Street. Or from the circle, you take Level St. 6 blocks to Pine St. and turn right. Hummer Haven is across Main Street.

#### From the President's Corner

Hi Everyone,

Fall is finally in the air. Swamp sunflowers and ageratum are in full bloom. The foliage is just beginning to change.

We will meet in Abita Springs at Walter Clifton's home this month. We will have a chance to see the color changes on several native species. Walter will give a guided tour around the yard which has an abundance of natives for butterflies, hummingbirds, and birds.



So please join us for a look at fall colors and bring a covered dish, if you desire. Aj Photo: Sweet gum leaves in autumn by Yvonne Bordelon ARR

### Fall Blooms

Jim brought examples of many blooming native plants to the September meeting for an indepth show and tell. Here is a list of some of the showier ones.

Saltmarsh mallow, *Kosteletzkya virginica* Iron weed, *Vernonia* Goldenrods, *Solidago* spp. Patridge pea, *Chamaecrista fasciculata* Wild pea Coreopsis, *C. major* Bitterweed, *Adenium anamum* Boneset, *Eupatorium* Butterfly flower, *Guara linheimeri*  Evening primrose, *Oenothera* St. Andrewswort, *Hypericum* Blue and red *Lobelias* Honeycomb flower, *Balduina uniflora* Indian potato, *Apios Americana* Mountain mint, *Pycnanthemum* Pickerel weed, *Pontederia cordata* 

### **October Flowers**



Pictured above is swamp sunflower (*Helianthus angustifolius*) with small red morning glory (*Ipomoea coccinea or I. hederifolia*). On the right a skipper butterfly drinks from a Savanna aster (*Symphyotrichum chapmanii*) flower. *Photos by Yvonne Bordelon All Rights Reserved.* 

Late September and October is the time for the members of the Sunflower family (Asteraceae), especially those of the Helianthus genus, to decorate the countryside with their colorful yellow flowers. Here's a link to an article I (Yvonne Bordelon aka naturegirl7s and naturegirl7) wrote about these large and lovely wildflowers: <u>http://naturegirl7s.hubpages.com/hub/october-blooming-native-sunflowers</u>

Also members of the Asteraceae family, Asters begin to show their blue, purple or white composite flowers later in October and on into November. I have written an online article with photos about some of my favorite native asters. The link is: <a href="http://naturegirl7s.hubpages.com/hub/wild-asters-autumn">http://naturegirl7s.hubpages.com/hub/wild-asters-autumn</a>

#### Why Leaves Change Colors?

An interesting online article from the U.S. Forest Service discusses **Why Leaves Change Colors**. Topics covered are:

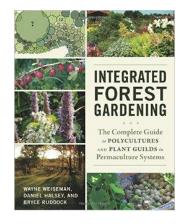
How does autumn color happen? Where do autumn colors come from? How does weather affect autumn color? What triggers leaf fall? What does all this do for the tree? What happens to all those fallen leaves?

Here's the link to read more about it: http://www.na.fs.fed.us/fhp/pubs/leaves/leaves.shtm

## **Book Corner**

Integrated Forest Gardening The Complete Guide to Polycultures and Plant Guilds in Permaculture Systems by Wayne Weiseman, Daniel Halsey, and Bryce Ruddock. Chelsea Green Publishing: 2014. ISBN 978-1-60358-497-5

This one is hot off the presses and should be useful to native plant enthusiasts and sustainable gardeners alike. Integrated Forest Gardening promotes the combination of compatible native and cultivated plants that produce food, medicinal and culinary herbs, lumber, dyes, wildlife browse and other benefits. Landscape designs called *plant guilds*, which promote species integration and biodiversity in both plants and animals, are laid out as case studies in the book.



The book is written with the Northeast region in mind, but the suggested plants can easily be substituted with similar ones that do well in the South. One guild that I plan to try is the *Four Vines Guild*. I will probably use Muscadine grapes, Maypop passionflower, blackberries and swamp rose (instead of northern grapes, raspberries and akebia). Other perennial plants such as comfrey, St. Johnswort, mulberry, mint and sage fit into this attractive and useful landscape design. If a start of the start of the

I	Folsom Native Plant	Society	MEM	BERSHIP	RENEWAL APPLICATION			
It's time to pay your FNPS dues. Please complete the following and return with your check. There are two types of membership, family and student. You will receive the FNPS Newsletter by one of two methods, email and snail mail.								
	<u>Type Membership</u>	Newsletter		<u>Dues</u>	Check One			
	Family	Mail		\$18.00				
		Email		12.00				
	Student	Mail		\$ 9.00				
		Email		6.00				
Name:								

Send to: Folsom Native Plant Society, P.O. Box 1055, Folsom, LA 70437

#### Folsom Native Plant Society Facebook Page – http://www.facebook.com/FolsomNativePlantSociety

**Statement of Purpose:** The purpose of our group is to protect, perpetuate, and propagate the abundant native plants of St. Tammany Parish, Louisiana, and adjacent areas, focusing primarily on our native wildflowers, which are fast disappearing; and to discourage pollution of our water and ground so basic to their survival.

Our Board for 2014	Dates to Remember
President: A.J. Bailey Vice President/Program Chairman: Kraig Stutes Treasurer: David Scherer Plant List Recorder: Yvonne Bordelon Newsletter: Yvonne Bordelon <u>vborde72@gmail.com</u> Publishers: Candyce & David Scherer Hospitality Coordinator: Jenny Geesey FNPS Website:(http://folsomnps.org) Yvonne Bordelon	2014 Meetings: October 26 - Walter Clifton in Abita Springs November 16 – A.J. Bailey near Bush December TBA – Firehouse near AJ January TBA – Firehouse near AJ February TBA – March – No Meeting Spring Plant Show April 19 – Yvonne Bordelon near Covington May 17 - TBA

Folsom Native Plant Society P.O. Box 1055 Folsom, LA 70437